



## Parent Welcome Letter

We are looking forward to a safe and fun summer!

**FORMS (see attachment):** Camper Data Forms must be filled out prior to the start of your child's first camp day. Please make sure the forms are filled out and are ready to be handed to the Camp Director on the first day.

**DROP-OFF & PICK-UP:** Drop-off will begin as early as 5 minutes prior to the start of camp. Pick-up your child no later than 5 minutes after the end of camp.

**Authorized adults MUST SHOW ID at pick-up.**

**BIKERS & WALKERS:** If permission has been given on the Camper Data Form, campers may bike or walk to camp.

**CAMP GROUPS:** The camper-to-staff ratio is 6:1 for Tot Camp; 8:1 for Kidz Camp; 8:1 for Sports Camp. Campers will be grouped by age & ability.

**CAMP STAFF AND TRAINING:** A qualified Camp Director supervises each camp. Counselors at each camp are mature and enthusiastic college-age students. All camp staff complete an extensive training program that includes supervision and safety techniques, activity development, and first aid. Camp Directors are also certified in American Red Cross First Aid, CPR, and AED.

**FRIEND REQUESTS:** We will do our very best to honor friend requests, but cannot make any guarantees. **Friend requests must be received no later than the Friday before each camp session. The Camp Director will NOT honor friend requests on the first day of camp and after.** Friend Requests can be sent to [eolayo@rfparks.com](mailto:eolayo@rfparks.com).

**SUNSCREEN:** Campers will be outside for the majority of the day, so please apply sunscreen to your child *before* coming to camp. Counselors will re-apply the sunscreen if needed. Please send **spray** sunscreen only. Encourage your child to wear a hat for extra protection from the sun.

**DRESS:** Play clothes and *gym shoes with socks* are highly recommended (no sandals, flip flops or Crocs).

**BRING:** Only bring what is needed in a **labeled** backpack – insert the following smaller labeled bags within your child’s larger bag.

Bag Insert #1: **NUT-FREE** snack

Bag Insert #2: **NUT-FREE** lunch

Bag Insert #3: Swim Gear on Fridays

Bag Insert #4 (if needed): An extra change of clothes

Bag Insert #5 (if needed): Medications

**ALWAYS SEND A LABELED WATER BOTTLE**

**ALWAYS SEND A LABELED BOTTLE OF SPRAY SUNSCREEN TO REAPPLY**

**\*\*Please label all of your child’s belongings!\*\***

### **PARTICIPANT HEALTH GUIDELINES:**

To ensure everyone’s safety and wellbeing we have set the following health guidelines for participants.

- Campers who are ill in any way should be kept at home. Do not send a child to camp with an active cold, cough, vomiting, diarrhea, rash, or fever.
- A child should be fever free (without fever-reducing medicine) for 72 hours before returning to camp.
- If a child is prescribed an antibiotic, they need to be on the medicine for 24 hours to ensure they are no longer contagious.
- If your child becomes sick at camp, we will call the parent or the person you have designated as an alternate. The camper will need to be picked up within 30 minutes.

### **RULES AND EXPECTATIONS FOR CAMPER:**

To give campers the best possible summer, we will provide clear, consistent, and reasonable rules and expectations and use positive and consistent guidance. If a child has repeated difficulty in obeying the rules, we will contact the parents. Multiple infractions may result in suspension.

Please read and discuss the ‘**Give a High 5’ Safety & Behavioral Policy**’ included in the Camper Data Forms.

For more information, please view our website at <https://rfparks.com/summer-camps>

Looking forward to a great summer!

## **Karen Stille**

Superintendent of Recreation

[kstille@rfparks.com](mailto:kstille@rfparks.com)

## **Tom Divello**

Athletic Manager

[tdivello@rfparks.com](mailto:tdivello@rfparks.com)

## **Ellie Olayo**

Recreation Supervisor

[eolayo@rfparks.com](mailto:eolayo@rfparks.com)