

## **Dear Des Plaines River Cleanup Volunteer,**

The Annual Des Plaines River Cleanup is from 8:00am-10:00am.

This event is FREE, but pre-registration is required.

THIS EVENT WILL TAKE PLACE RAIN OR SHINE!

### **WHAT SHOULD I BRING?**

- 1) Reusable water bottle; water will be available at The Depot and Trailside Museum
- 2) Sturdy work gloves
- 3) Cell phone
- 4) Wear bug spray & sunscreen
- 5) Wear boots and bright clothing – expect it to be muddy
- 6) Wear long pants and a long-sleeved shirt to protect your skin

### **CLEANUP SUPPLIES:**

You will be provided with cleanup bags, disposable gloves, and a map. Hand sanitizing stations and first aid supplies will be available at The Depot and at the Trailside Museum.

### **CLEANUP SUPPLY PICKUP LOCATIONS: (Specify preferred pickup location at time of registration)**

- 1) The Depot, 401 Thatcher Avenue, River Forest from 8am-10am
- 2) Trailside Museum, 738 Thatcher Ave, River Forest from 8am-10am

### **SAFETY**

- 1) Always be aware of sharp objects and wear pants, bright-colored long-sleeved shirts, and sturdy boots.
- 2) Disposable gloves will be provided, but also plan on bringing sturdy work gloves from home.
- 3) A first aid kit will be on site at The Depot and at the Trailside Museum.
- 4) Bug spray and sunscreen is recommended.
- 5) Please be aware of poison ivy. There will be photographs of different poison ivy on site.
- 6) Wash your hands with soap and water after you are done cleaning.
- 7) It is highly recommended to carry a cell phone with you in the event of an emergency.
- 8) Participate as a group – never alone.

### **SIGN IN/SIGN OUT:**

The Group Leader should check-in at your preferred location (The Depot or Trailside Museum). You will select your preferred location when you register for the cleanup. Your group's cleanup supplies will be labeled at your preferred pick-up location. After the cleanup, please sign-out at either The Depot or Trailside Museum.

### **EMERGENCY NUMBERS**

Emergency: 911

Non-Emergency Police: 708-366-7125 (call this # if you find anything suspicious/unsafe)

Karen Stille, Superintendent of Recreation: 847-951-1058

## **GARBAGE**

Place garbage bags along the curbs which border the route. River Forest Park District staff will pick up the garbage. Please make sure your bags are clearly visible to our staff on the trash route.

## **FOREST PRESERVE DISTRICT OF COOK COUNTY – TRAILSIDE MUSEUM:**

738 Thatcher Ave, River Forest from 8am-10am

Staff from the Forest Preserve District of Cook County will be on site directing volunteers to safe walking paths. The staff will also have other useful information about the Forest Preserve, including trails, poison ivy, animals, and other educational resources.

## **EVENT REPORTING (use contact info below):**

- 1) Please be sure to email or text your group cleanup photos to the Event Organizer.
- 2) Please be sure to email or text your group findings to the Event Organizer. What were the most interesting things you found?

Thank you.

*Karen Stille, Event Organizer*

Superintendent of Recreation

River Forest Park District

847-951-1058 (cell)

[kstille@rfparks.com](mailto:kstille@rfparks.com)

[www.rfparks.com](http://www.rfparks.com)



**River Forest Park District**

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