

The Depot Addition Project Programming Opportunities

Summer Camps

1. Sports Camp and Kidz Camp locations would switch, moving Sports Camp to The Depot and Kidz camp to the Keystone Center. Anticipate a 100% increase in Sports Camp registration.
2. Increase the number and class size of afternoon camps. Anticipate a 50% increase in program registration.
3. Offer before and after camp program allowing working parents a program for their children during the summer months.
4. The gym will allow our camp participants a critically needed backup recreation space during inclement weather.

Youth/Child Programs

1. Program opportunities in the gym. Offer on weekday evenings and weekends.
 - a. Offer an after-school and weekend drop-in program for gym use Drop off program.
 - b. Expand youth basketball program to accommodate the waitlist.
 - c. Expand Basketball Skills programs. Drop off program.
 - d. Expand the youth archery program to year-round. Drop off program. Anticipate a 100% increase in program registration.
 - e. Offer a youth indoor soccer program.
 - f. Offer a youth fencing program.
 - g. Increase size and number of martial arts programs. Drop off program. Anticipate a 100% increase in program registration.
2. Program offerings in the expanded program space. Offered early weekday evenings and weekends.
 - a. Increase the size and number of youth dance programs. Drop off program. Anticipate a 100% increase in program registration.
 - b. Offer a weekday child tumbling program.
 - c. Increase size of youth tech/engineering programs. Drop off program. Anticipate a 50% increase in program registration.

Adult/55+ Programs

1. Program opportunities in the gym. Offer on weekday evenings and weekends.
 - a. Offer a Men's Basketball League.
 - b. Offer a Men's Dodgeball League (30 to 50 age group).
 - c. Offer a co-ed Volleyball League.
 - d. Offer women's Volleyball League.
 - e. Offer a Pickleball League.
 - f. Offer a drop-in program for gym use.
2. Program opportunities in the expanded program space.
 - a. Offer an adult dance program.

Adult/55+ Fitness

1. Indoor walking track. Available mornings and mid-days. Free for River Forest residents.
2. Fitness opportunities in the gym. Offer on early mornings and early weekday evenings.
 - a. Offer Cardio Programs: Cycling, Body Combat, Zumba
 - b. Offer High Intensity Programs: BodyShred, CXWorks
 - c. Offer Strength Training Programs: Body Pump
 - d. Offer Low Impact Programs: Forever Fit
 - e. Offer Wearable Technology Programs.
3. Increase size of Pilates program. Anticipate a 100% increase in program registration.

4. Fitness opportunities in the expanded program space. Offered early mornings and weekday evenings.
 - a. Increase size of Yoga program. Anticipate a 100% increase in program registration.

Special Events

1. Establish a monthly teen lock-in program during the winter season.
2. Establish a new WinterFest indoor/outdoor special event.
3. Enhance the Halloween Happenings special event to include a carnival and/or expanded activities in the gym.

Partner Use: Allow our partner groups (youth sports groups and education institutions) the opportunity to utilize gym space during the non-prime hours.