



River Forest Park District

PICKLEBALL

Pickleball Skill Levels

Beginner

- New to the game of pickleball with little to no playing experience
- Learning the basics of the game

Advanced Beginner

- Can score and play the game by following the rules without help
- Knows and attempts all the shots: groundstrokes, volleys, dinks, third shot drops, lobs
- Inconsistent success of these shots and can have trouble keeping the ball in the court

Intermediate

- Strategically hits the ball to opponents weaknesses
- Utilizes third shot drops
- Understands court positioning + repositioning and covering your side of the court
- Recovers well from far reaching shots back into a strong offensive position
- Good partner communication (Switches sides with partner)
- Inconsistent in Intermediate specific skills
- Learning the timing of when to speed up or attempt a “winning shot”

Advanced

- Mastered Intermediate skills above
- Uses spins; topspin, slice, stacking, coordinated offensive plays
- Seizes opportunities to attack
- Excellent aim